



VCU Recreational Sports

Required Dress in Recreational Sports Facilities

To help safeguard the safety and well-being of patrons and the equipment, patrons must observe the following rules at all times in Recreational Sports facilities:

1. Wear clothing that provides sufficient coverage to avoid direct skin contact with mats, benches, and other equipment to minimize the risk of contamination or infection. Such clothing includes:
 - a. Shirts covering the entirety of the midsection around the body from the area directly below the pectoral muscles to the waistline. Working out shirtless or in partial tops, which do not provide the specified coverage, such as cut off muscle tees or sports bras (solely), is not permitted.
 - b. Shorts covering the entire buttocks.
2. Clothing with exposed rivets, buttons, zippers, metal parts, or features likely to damage equipment is not permitted.
3. Appropriate athletic footwear is required in all activity areas. For example, shoes that leave marks on wood floors, boots, sandals, open heeled, and open toed shoes are prohibited in all fitness center areas, gymnasium spaces, and court spaces.

Aquatic Center:

While in the Aquatic Center Pools or Spa, patrons must dress as follows:

1. Wear clean swim attire that is specifically designed for swimming.
2. Wearing any non-swim attire such as bras, underwear/boxers, socks, cotton items, or jeans are prohibited in these areas.
3. Swim attire must not be transparent.
4. No shoes other than water shoes or water socks are permitted in the pools or spa.

Gym staff will address potential violations of these rules with facility users. Concerns about the rule or its enforcement may be addressed to recsports@vcu.edu.